

At *accessAbilities*...



it's about *possibilities*...



not disabilities!



Our *vision* is to empower people with unique abilities to live life to its fullest.

Possibilities... stem from

A young child's life is often measured by a series of firsts ... their first smile, their first words ... their first steps. But sometimes children need a little extra help in reaching those childhood milestones.

That's where *accessAbilities'* First Steps Early Intervention Program comes into play. Our team of licensed, highly skilled professionals work with children under the age of three, providing the supports and therapies that they need to create strong foundations for early learning.

It's often said that a child's work is play — and our team of therapists and early education specialists work hard to make it just that for the child. They come to the family's home or the location of the child's caregiver and they develop an individualized service plan based upon the family's needs and priorities. Families have the opportunity to participate and observe each session, so they are able to continue to play with their child in a manner that reinforces the skills and behaviors between sessions.



Our *mission* is to strengthen independent lives by

Develop strong foundations

strong foundations.

First Step Early Intervention services from *accessAbilities* may include:

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Vision and Hearing Therapies
- Nutrition Therapy
- Special Instruction which can include problem solving and social skill development
- Nursing, Psychology, or Social Work

In addition, *accessAbilities* offers Kids Klub, a unique opportunity for children ages 18 to 36 months to enhance their motor and social skills through a structured weekly play group led by a knowledgeable early childhood education teacher. Parents and typically developing children in the community are also welcome to attend as the integration teaches patience, provides family learning opportunities, and serves as an informal support network.



Elks Home Service Nurses

Both children and adults may be eligible for services provided by a registered or licensed nurse through the Elks Home Service Nurses. This partnership with the Pennsylvania Elks Major Projects includes support such as advocacy for educational services and legal rights; help with vocational goals; assistance with residential options; and emotional support to the family.

providing individual and family directed services that:

that lead to life-long self sufficiency;

Possibilities... grow with

accessAbilities offers a host of home-based programs that can be incorporated into individualized service plans to fit each person's unique needs. The services we provide are geared toward empowering individuals with physical and/or cognitive disabilities to have the supports they need to live in their homes and to participate in community life to the extent that they would like. They empower individuals to take advantage of opportunities to live life to its fullest.



For adults, these programs include:

- Supports Coordination
- Personal Care and Assistance
- Independent Living/Community Integration Skills
- Specialized Therapies
- Home Modifications
- Assistive Technology
- Respite Care
- Homemaker Services for Seniors in Indiana County

These services may include help with daily activities such as bathing, dressing, grooming, food preparation, and non-medical health care. The agency also will help consumers learn the basic skills necessary to live independently and that will make them more comfortable in the community, such as basic banking, meal preparation, decision-making skills, and more.

In addition, *accessAbilities* can assist individuals in gaining access to opportunities for home improvements that allow them to function with greater independence in their homes. Technological devices also are available that can assist with everyday activities, including assistance with visual and audio cues and electronic speech. The agency can identify opportunities for individuals to benefit from technologies and help with the process of obtaining assistive devices.

Our *mission* is to strengthen independent lives by

Create opportunities for people with

opportunities.

Our services also include short-term, temporary support for family caregivers so that they can have time for themselves while knowing that their family member has the support and services they need.

accessAbilities consumers have choices regarding their services. They can choose agency-directed services and the agency will manage their staff and services. Or if consumers prefer to take a more active role in directing their own services, they can select the Fiscal/Employer Agent (F/EA) option that empowers the consumer to be the actual employer. This provides consumers with greater choice, flexibility, and control over their services, including hiring and supervision of their Consumer Employed Workers (CEWs). *accessAbilities* F/EA will provide coaching for the consumer and fiscal management services including payroll and taxes. It's the individual consumer's choice.

In short, at *accessAbilities*, we focus on the individual. Independence means different things to different people. As a result, all of our services are geared toward providing individuals with the supports they need to take advantage of the opportunities they encounter to live life to its fullest.



providing individual and family directed services that:

disabilities to reach their full potential;

Possibilities... flourish in we

In addition to providing services and supports to individuals, part of *accessAbilities*' mission reaches beyond the individual to the community at large. We strive to enlighten the community, connect people to services, and foster a culture that believes that all individuals, regardless of ability, are valued members of society. Through our extensive involvement in community health and education events, we work to help individuals to see a person and his or her potential, rather than focusing on a disability and perceived limitation.



As a frequent presenter at a wide variety of community events, *accessAbilities* educates individuals and groups about person-first language and disabilities etiquette with the goal of

transforming attitudes. During the past year, the agency has enhanced community life for individuals with disabilities by taking our disabilities education training session to employees of area businesses, helping them to advance their cultural sensitivity and enhance customer service.



Our *mission* is to strengthen independent lives by

Build communities where all are

Coming communities.

The agency has also been awarded a statewide grant from the Pennsylvania Developmental Disabilities Council (PADDCC) to develop a public education plan to confront the stigma experienced by individuals with disabilities. Through this 15-month grant, *accessAbilities* is charged with researching effective examples of public education, and then providing detailed recommendations to the Council regarding activities that it can undertake in this area. The agency is excited to play a role in developing messages and outreach efforts to help change attitudes toward individuals with disabilities throughout Pennsylvania.

These efforts have not gone unnoticed. *accessAbilities* has been lauded for our positive impact on our communities with two recent honors. The agency's First Steps Early Intervention Program was selected as a 2009 Innovations Award winner by Mental Health America of Westmoreland County in the category of Prevention. This award is presented to an individual or entity that promotes early identification, intervention, and prevention for community and/or individual mental health.



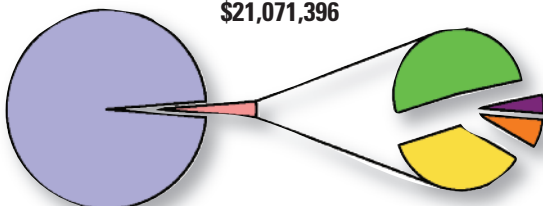
accessAbilities is also very proud to have been selected as the 2009 Nonprofit of the Year by the Westmoreland Chamber of Commerce. The agency was selected based upon its core business practices, impact on the local economy, employee and cultural efforts, and how the business gives back to the community.

providing individual and family directed services that:

respected and welcomed to participate.

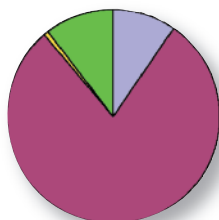
Financial Summary 2008-2009

Total Revenues \$21,071,396



Government Contracts	\$20,754,485
Grants and Community Support	\$176,362
Program Service Fees	\$49,310
Other Miscellaneous Income	\$79,149
Net Assets Released from Restrictions	\$12,090

Total Expenses \$20,851,730



Services for Adults	\$16,753,891
Services for Children	\$1,990,735
Information, Referral, Support, and Advocacy Services	\$88,263
Fundraising and Administrative Expenses	\$2,018,841

Total Net Assets



Net Assets at the Beginning of Year	\$3,315,998
Unrestricted	\$3,263,029
Temporarily Restricted	\$52,969
Net Assets at the End of Year	\$3,154,136
Unrestricted	\$3,113,257
Temporarily Restricted	\$40,879

Funding Sources, Grantors, Major Donors, and In-Kind Contributions

•
Aging Services, Inc.

•
Appleby Manor Presbyterian Church

•
Armstrong County Area Agency on Aging

•
Armstrong/Indiana Intermediate Unit

•
Boyd M. and Sarah Ann Swank Trust

•
Charter Oak Church

•
Department of Public Welfare

•
DSF Charitable Foundation

•
FISA Foundation

•
Kristie Pate

•
Margaret M. Patton Foundation

•
Margaret Tartal

•
Medical Assistance

•
Mental Health/Mental Retardation of Armstrong/Indiana
and Westmoreland Counties

•
McCullough Machine Inc.

•
Robin Hope

•
Tri-County Workforce Investment Bureau

•
United Way of Armstrong County

•
United Way of Indiana County

•
United Way of Westmoreland County

•
Westmoreland County Area Agency on Aging

•
Westmoreland Intermediate Unit

•
We also thank **all other individuals
and businesses for their generous contributions.**

Community Served

Early Intervention Services

County	Number of Children
Armstrong County	89
Indiana County	88
Westmoreland County	305
Total	482

Elks Home Service Nurse Program

County	Number of Children & Adults
Armstrong County	82
Indiana County	102
Westmoreland County	157
Total	341

Kids Klub Program

County	Number of Children
Armstrong County	42
Westmoreland County	39
Total	81

Adult Services Program

Program Description	Number of Consumers
Adult Services (Three Counties)	772
Indiana Home Support (Indiana County only)	123
Total	895



accessAbilities is proud to be one of the first agencies in the state to receive the Pennsylvania Association of Nonprofit Organizations, or PANO, Seal of Excellence. This PANO certification is only earned by organizations that meet the highest benchmarks in organizational excellence, ethics, and accountability.

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Kathy Yandura • PUBLIC RELATIONS DIRECTOR
Jeanne McDonald • HUMAN RESOURCES DIRECTOR
Kenneth Rothert • CONTROLLER
Melissa Meeder • INFORMATION TECHNOLOGY DIRECTOR

Locations

Westmoreland County Offices

Corporate Offices
2904 Seminary Drive
Greensburg, PA 15601
Phone: 724-832-8272
Fax: 724-837-8278

Westmoreland County Kids Klub
Charter Oak Church
449 Frye Farm Road
Greensburg, PA 15601
Phone: 724-832-8272

Armstrong County Offices

11931 State Route 85
Suite G
Kittanning, PA 16201
Phone: 724-543-0243
Fax: 724-543-1298

Armstrong County Kids Klub
Appleby Manor Presbyterian Church
810 Main Street
Ford City, PA 16226
Phone: 724-543-0243

Indiana County Office

2273 Philadelphia Street
Indiana, PA 15701
Phone: 724-465-6042
Fax: 724-465-6795

accessAbilities, Inc.

strengthening independent lives

Corporate Office
2904 Seminary Drive
Greensburg, PA 15601

Phone: 724-832-8272

Fax: 724-837-8278

www.accessAbilities.org

accessAbilities
is a United Way partner agency
in Armstrong, Indiana, and Westmoreland counties.

The official registration and financial information for *accessAbilities, Inc.*, may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

accessAbilities provides equal opportunity in employment and services.